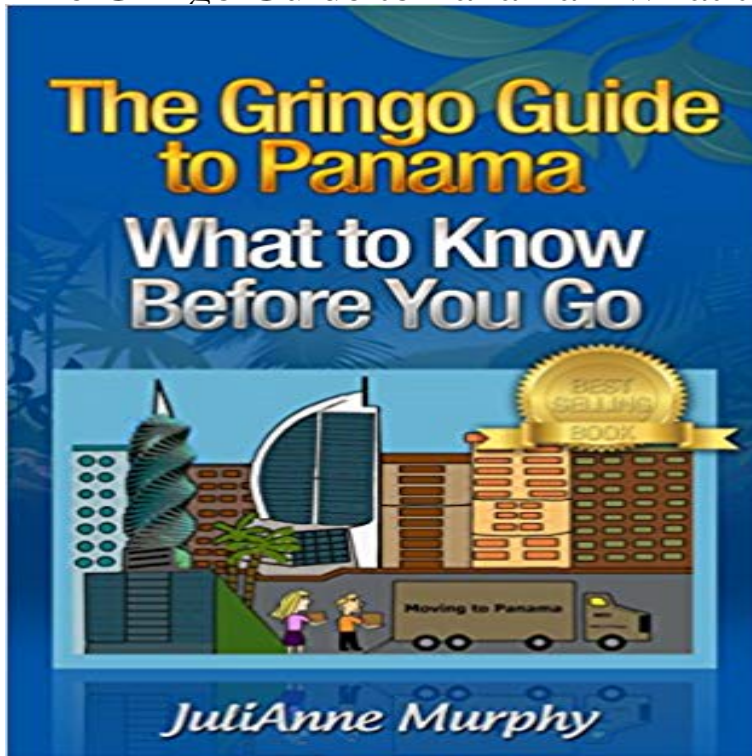


The Gringo Guide to Panama - What to Know Before You Go



The Gringo Guide to Panama - What to Know Before You Go - UPDATED as of March 2016! In early 2008, executive JuliAnne Murphy was transferred to Panama; a move which would prove challenging and rewarding and would ultimately lead to the writing of this book, *The Gringo Guide to Panama: What to Know Before You Go*. In this book, JuliAnne shares her experiences - from her first naive preconceptions about life in Panama to learning first hand just how laughably incorrect most of them were. The first two years of her transition were tough, an experience shared by many other Panama expats. Previously published under pen name Elizabeth Vance for privacy reasons, *The Gringo Guide to Panama* book series is the result of JuliAnne's journey into the culture of the isthmus over several years. This first book in the series offers personal, realistic advice for what may be the biggest move of your life, whether you come for business, retirement or adventure. Other books give you the nuts and bolts of moving to Panama; *The Gringo Guide to Panama* goes beyond that. It walks you through the rest of the story...the nuances of the culture and the idiosyncrasies of the lifestyle you'll find today in Panama, in a pragmatic, straightforward way. What you'll read here will help manage your expectations, begin to understand the country, assimilate and settle more quickly. Benefit from a frank and humorous overview from someone who's been there, done that, and lived to write a bestselling cultural guidebook series about it. You might dispel some unrealistic expectations and save yourself the worry and heartache that so many expats experience when they move to Panama. If you do take the plunge, then *The Gringo Guide to Panama* will help you find your way faster, and easier and have a lot more fun! Are you moving to Panama? Retiring In Panama? Want to learn about

the Expat Panama Life? Get The Gringo Guide To Panama What to Know Before You Go, and get the real info on living in Panama from a North Americans cultural perspective.

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